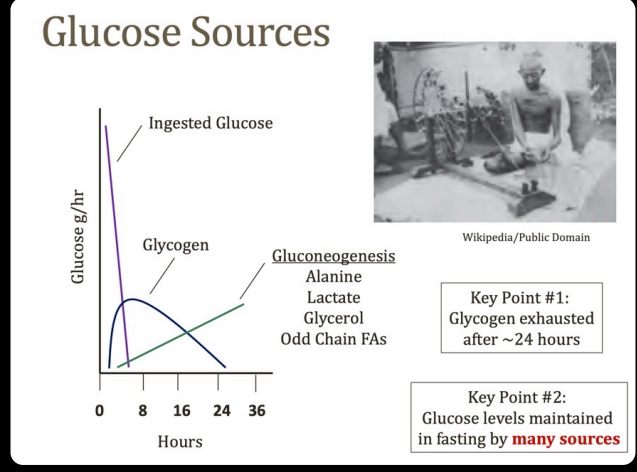
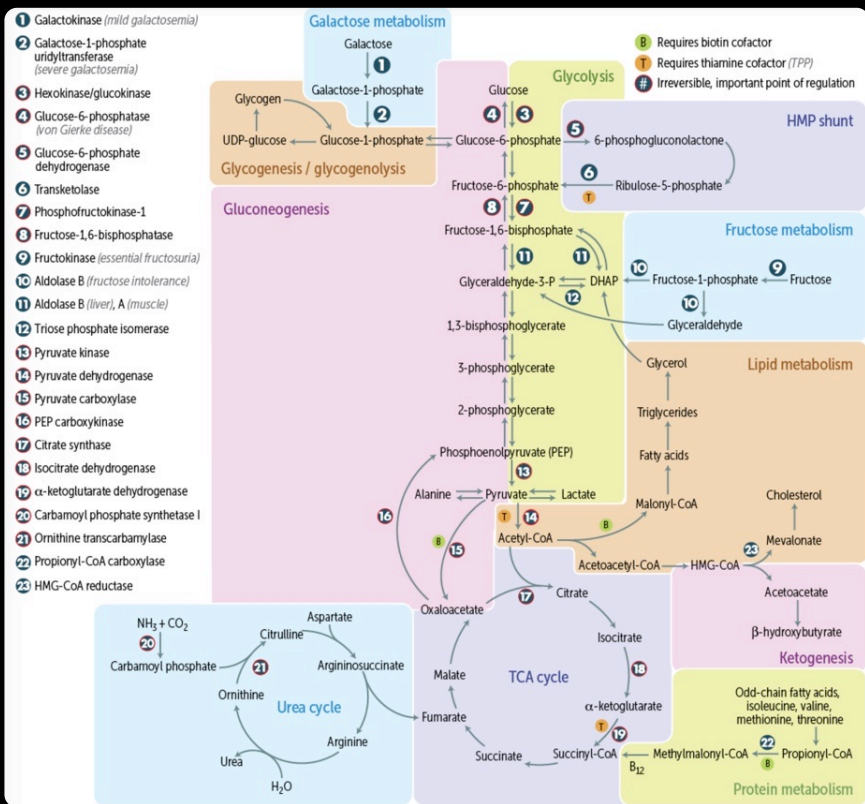
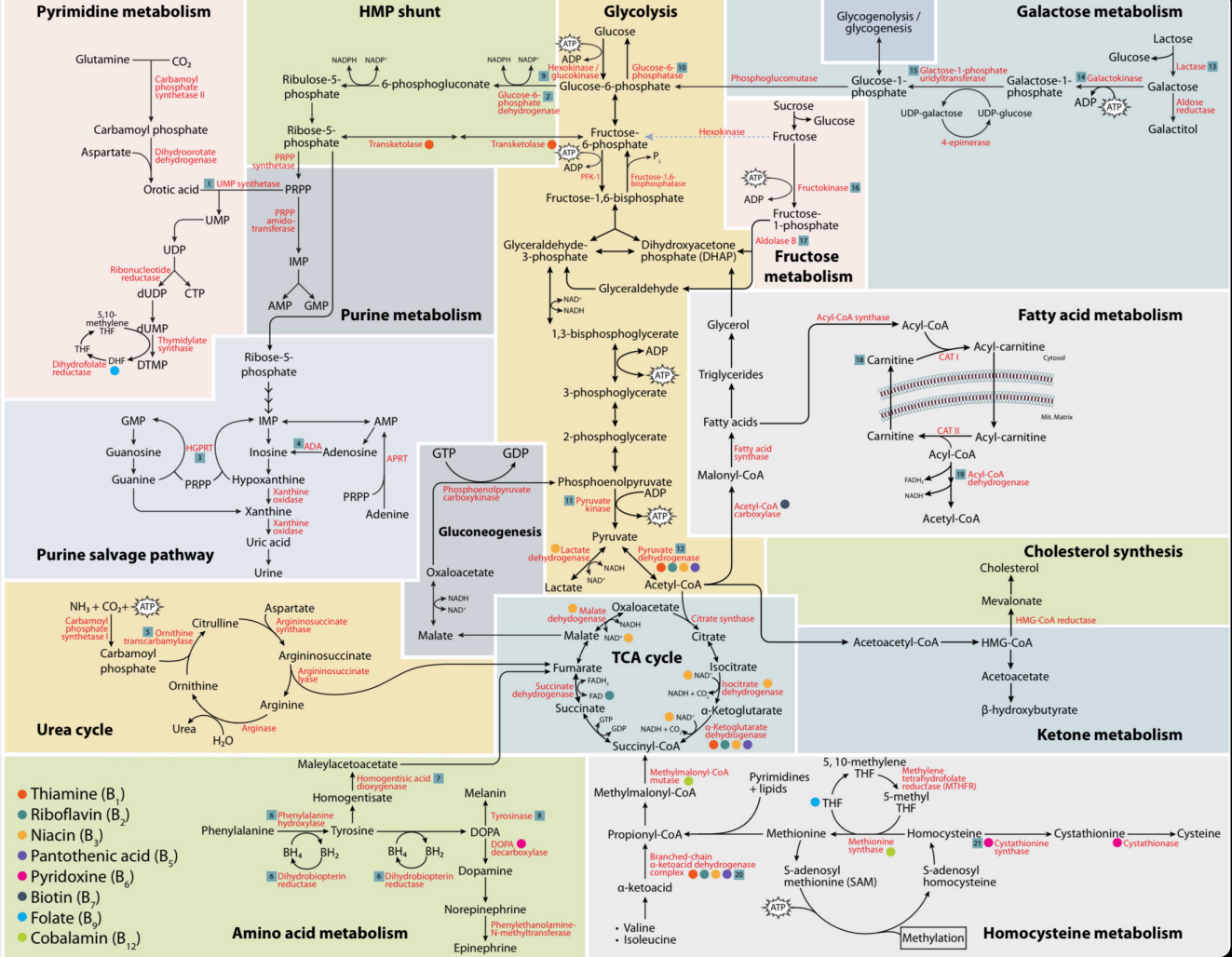
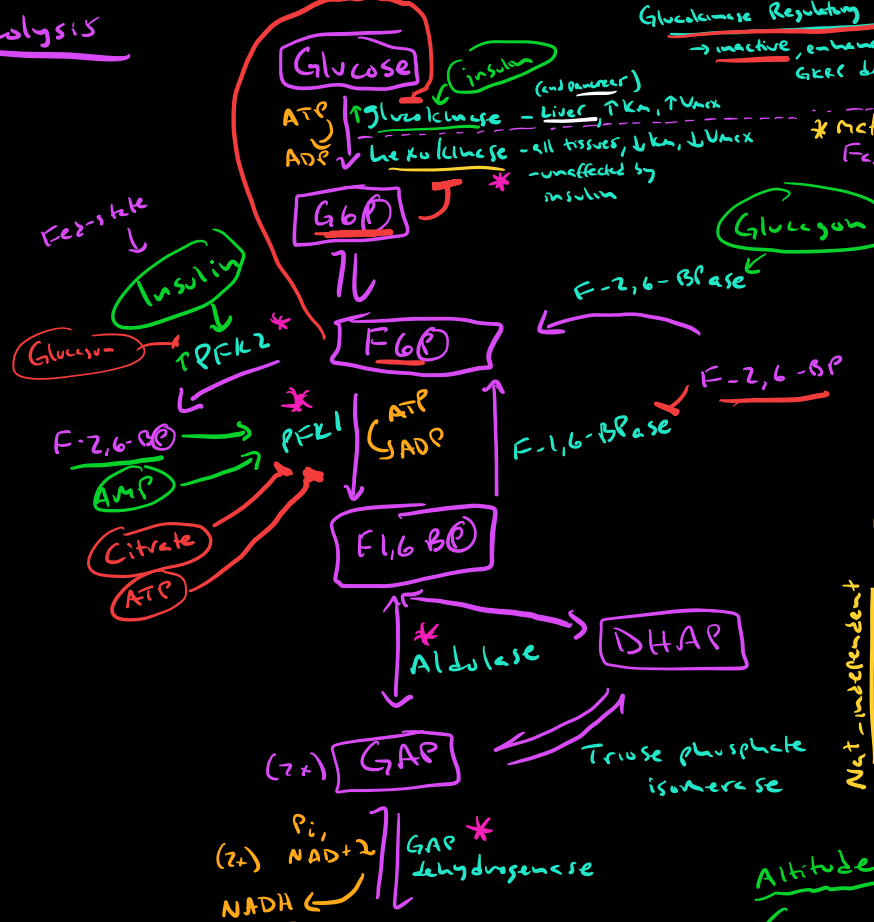


- 1 Orotic aciduria
- 2 G6PD deficiency
- 3 Lesch-Nyhan syndrome
- 4 Severe combined immunodeficiency (SCID)
- 5 Ornithine transcarbamylase deficiency
- 6 Phenylketonuria
- 7 Alkaptonuria
- 8 Albinism
- 9 Maturity onset diabetes of the young
- 10 Von Gierke disease
- 11 Pyruvate kinase deficiency
- 12 Pyruvate dehydrogenase deficiency
- 13 Lactose intolerance
- 14 Galactokinase deficiency
- 15 Classic galactosemia
- 16 Essential fructosuria
- 17 Fructose intolerance
- 18 Systemic 1° carnitine deficiency
- 19 MCAD deficiency
- 20 Maple syrup urine disease
- 21 Homocystinuria



Glycolysis

Glucocorticoid Regulating Protein (GRP) - translocates glucocorticoids to nucleus
 → inactive, enhanced by FGF, competitor w/ Glucose → ↑ glucose → GPCR detector → glucocorticoids translocated to cytosol → active



Glucose Transporters

Net-dependent - glucose absorbed against [] gradient → symporter (2 net & 1 glucose in), then net pumped out w/ ATP

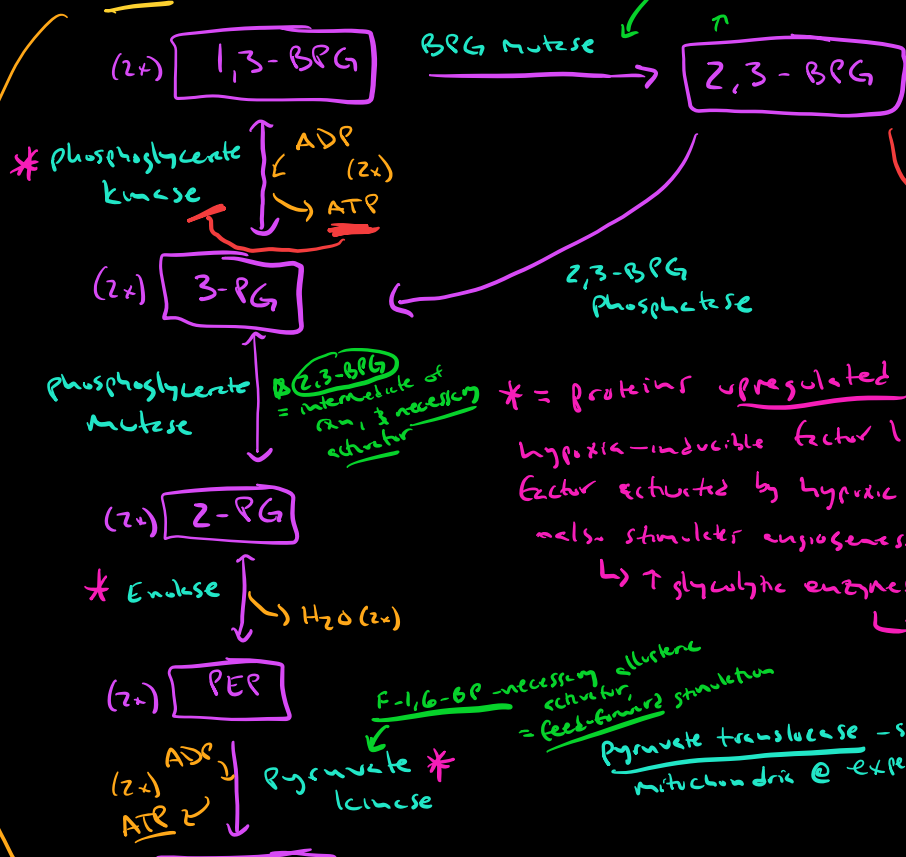
- GI epithelium
- Renal tubules

Insulin-independent

- * GLUT 1 - Brain, RBC's } all mammalian tissues, $K_m = 1 \text{ mM}$, basal glucose uptake
- * GLUT 3 - insulin-independent
- GLUT 2 - $K_m = 15-20 \text{ mM}$, Liver, Pancreatic β -cells, Intestine
 - Balances in membrane, no translocation necessary
 - removes excess glucose from blood
 - bidirectional → gluconeogenesis
 - regulates insulin release
 - glucose out of epithel. into portal vein
- GLUT 4 - $K_m = 5 \text{ mM}$, muscle & fat cells
 - ↑ uptake w/ insulin & endurance training
 - ↳ Insulin → Insulin-RTK → IRS-1 → PI3K → PDK-1 → GLUT 4
- GLUT 5 - primarily fructose transporter, small intestine

Insulin-dependent

NAD⁺ recycling



* 2,3 BPG shunt - important in RBC's (no mitochondria). Lose ATP generating step

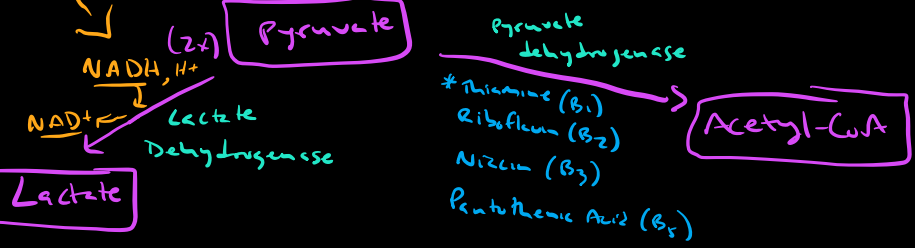
Hb-O₂ - 2,3 BPG ↓ Hb affinity for O₂ → promotes O₂ unloading into tissues

* = proteins upregulated by hypoxia-inducible factor 1 (HIF-1) = transcription factor activated by hypoxic conditions

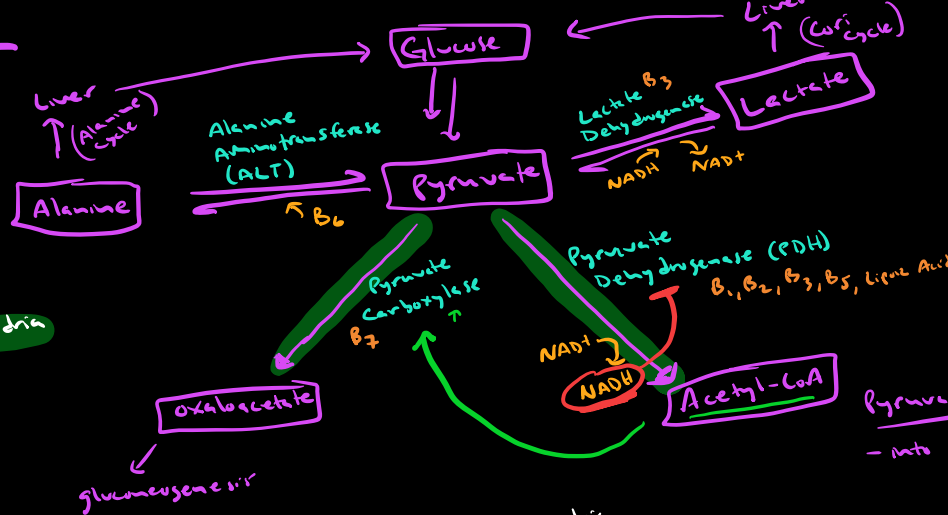
- also stimulates angiogenesis
- ↳ ↑ glycolytic enzymes + angiogenesis
- ↳ Cancer

F-1,6-BP - necessary allosteric activator, = feed-forward stimulation

Pyruvate translocase - shuttles pyruvate into mitochondria @ expense of 1 proton (symporter)



Pyruvate

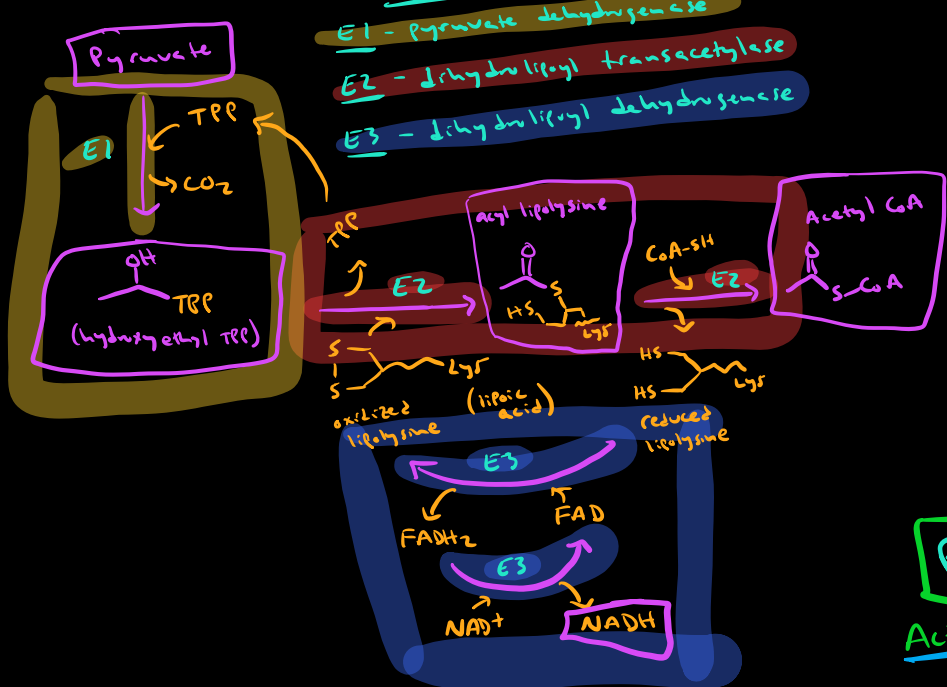


- PDH cofactors:**
- TLC for Nancy
 - Thiamine (B1)
 - Lipic Acid
 - CoA (B5, pantothenic acid)
 - FAD (B2, riboflavin)
 - NAD (B3, niacin)

Mitochondria

PDH Complex - Mitochondria

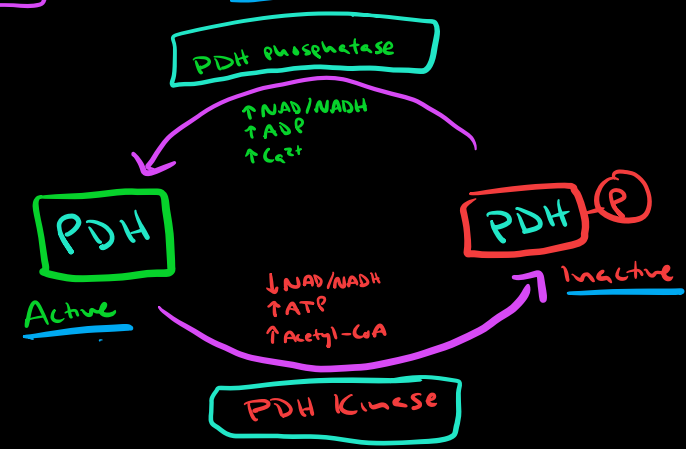
- E1 - Pyruvate dehydrogenase
- E2 - Dihydrolipoyl transacetylase
- E3 - Dihydrolipoyl dehydrogenase



Pyruvate transport

- into mitochondria for: TCA cycle
- Gluconeogenesis
- outer-membrane transport
- voltage-gated porin complex
- inner-membrane transport
- mitochondrial pyruvate carrier (MPC)

Regulation



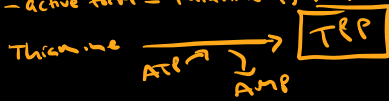
PDH deficiency

- mitochondrial disorder
- often X-linked
- common mutation = PDHA1 = E1 alpha-subunit
- ↑ shunting of pyruvate → ↑ Alanine & lactate → lactic acidosis
- Carbs & AA's metabolized to pyruvate → ↑ lactic acidosis
- Poor feeding, growth failure, developmental delays
- Labs: ↑ Alanine & lactic acidosis
- treatment:
 - Give thiamine & lipic acid (optimize any remaining PDH)
 - Ketogenic diet
 - low carbohydrates → avoid pyruvate precursors
 - ↑ fat → converted directly to acetyl CoA
 - Lys & Leu ⇒ ketogenic AA's that bypass pyruvate
 - Leucine → acetoacetate = ketone body
 - Lysine → acetyl-CoA = used in TCA cycle & cannot be used for gluconeogenesis → cannot be converted back into pyruvate

PDH Cofactors

Thiamine (B1)

- active form = Thiamine pyrophosphate (TPP)



- used by:

- Pyruvate Dehydrogenase
- α -KG Dehydrogenase
 - TCA cycle
- α -ketoadid Dehydrogenase
 - branched chain A.A.'s
- Transketolase
 - HMP shunt

- Thiamine deficiency - \downarrow ATP

- Beriberi

- ① Dry-type \rightarrow polyneuritis, muscle weakness
- ② Wet-type \rightarrow tachycardia, high-output heart failure, edema

- Wernicke-Korsakoff Syndrome

- alcoholics (malnourished, poor vitamin absorption)
- Confusion, confabulation

⚠ If give glucose first to malnourished pts \rightarrow unable to metabolize
 \hookrightarrow must administer thiamine first

Lipoic Acid

- Binds w/ lysine \rightarrow lipoaamide

- Cofactor for E2

- Inhibited by arsenic

- Poison (metal)

- Binds lipoic acid \rightarrow inhibits PDH

- Oxidized to arsenous oxide - smells like garlic breath

- vomiting, diarrhea, coma, death

- theory that Napoleon Bonaparte poisoned by arsenic

Nucleotide Coenzymes

FAD (Flavin Adenine Dinucleotide)

- synthesized from riboflavin (B2)

\rightarrow Riboflavin + Adenosine \rightarrow FAD

- accepts 2 e⁻'s \rightarrow FADH2

- B2 deficiency:

- cheilosis - fissures @ corners of mouth
- inflamed lips

- Corneal vascularization \rightarrow corneal clouding

- commonly seen in anorexia nervosa

NAD (Nicotinamide Adenine Dinucleotide)

- synthesized from Niacin (B3)

- Niacin synthesized from tryptophan

- can also obtain niacin from diet

Coenzyme A

- synthesized from pantothenic acid (B5)

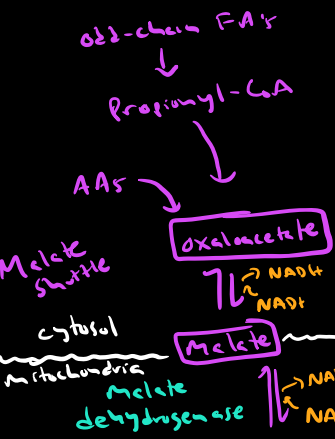
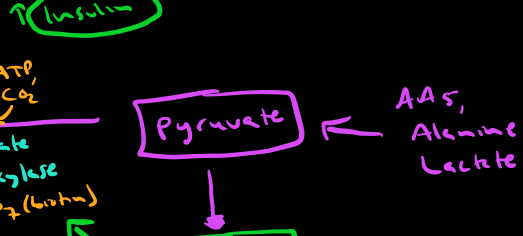
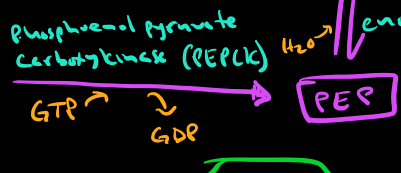
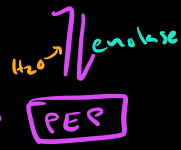
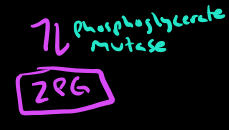
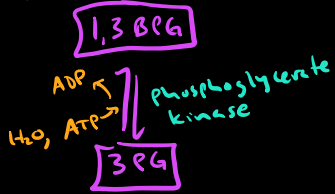
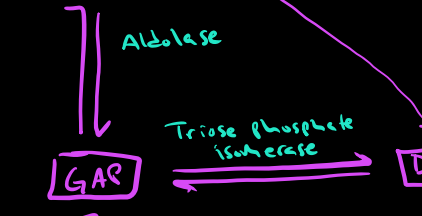
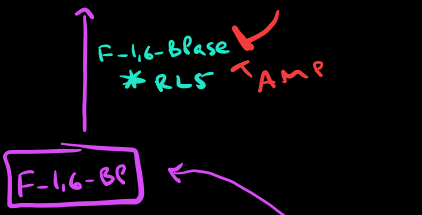
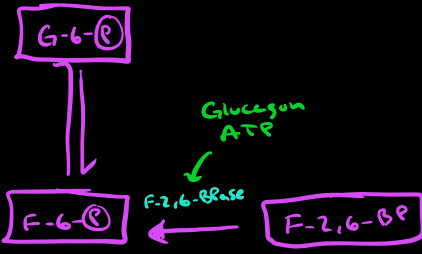
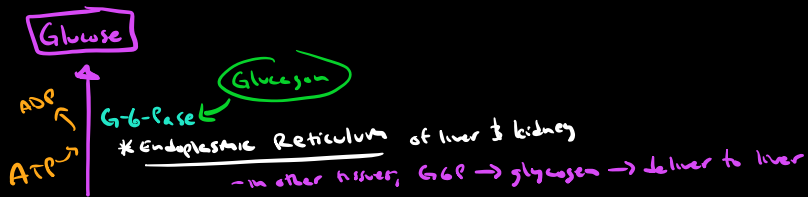
- accepts/donates acyl groups

Gluconeogenesis - Liver ONLY

- Non-carbohydrates → glucose
- lactate, glycerol, propionyl-CoA
- ALL AAs except leucine & lysine

↑ Gluconeogenesis

- Glucagon
- Epinephrine
- Cortisol
- Thyroid hormone

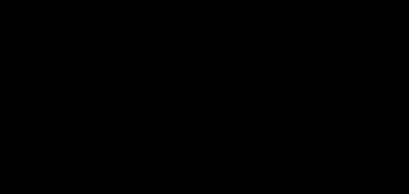
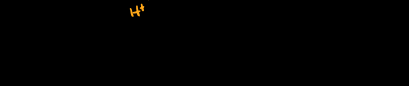
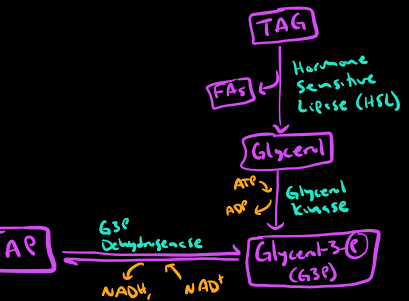


Pyruvate Carboxylase deficiency

- presents in infancy → failure to thrive
- ↑ pyruvate → ↑ lactate → lactic acidosis

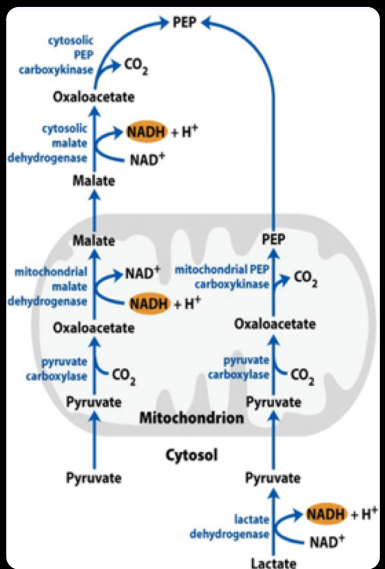
Acetyl-CoA

- Pyruvate carboxylase cannot function w/o Acetyl-CoA



Biotin

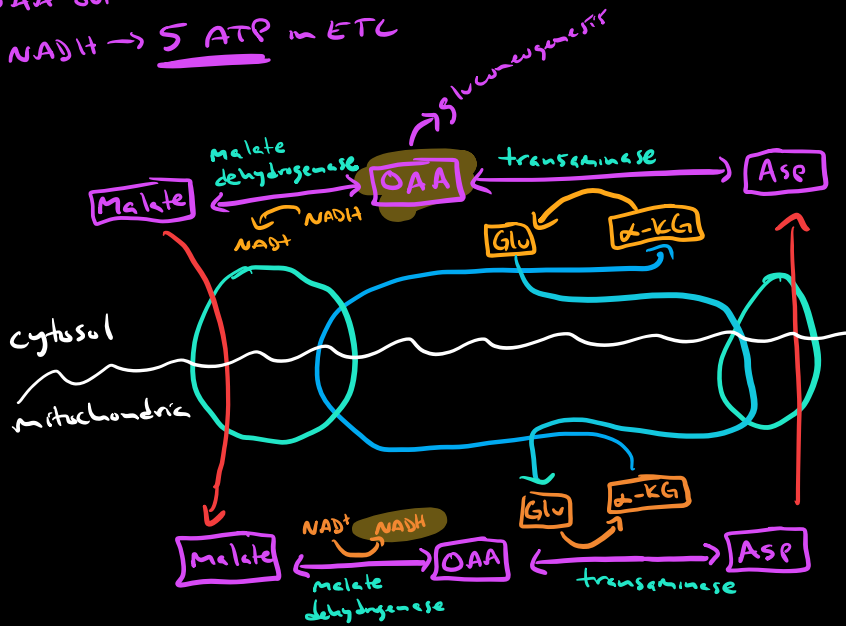
- cofactor for carboxylase enzymes:
 - pyruvate carboxylase
 - Acetyl-CoA carboxylase
 - Propionyl-CoA carboxylase
- deficiency:
 - rare (cristians widely distributed)
 - massive consumption of raw egg whites → Taurin (glycoprotein) → binds biotin



Shuttles:

Malate-Aspartate - liver, kidney, heart

- Malate = Membrane permeable
- NADH & Oxaloacetate = impermeable
- NADH in, OAA out
- 2 NADH → 5 ATP in ETC



Total ATP per glucose in cellular respiration = 30-32

↳ # varies depending on which shuttle mechanism is used

↳ Malate-aspartate shuttle uses NADH → 2.5 ATP per molecule

↳ glycerol-phosphate shuttle uses FADH₂ → 1.5 ATP per molecule

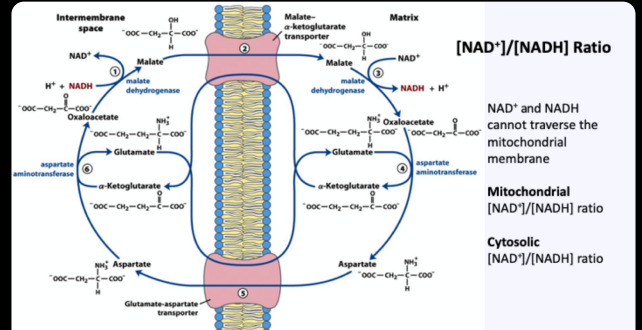
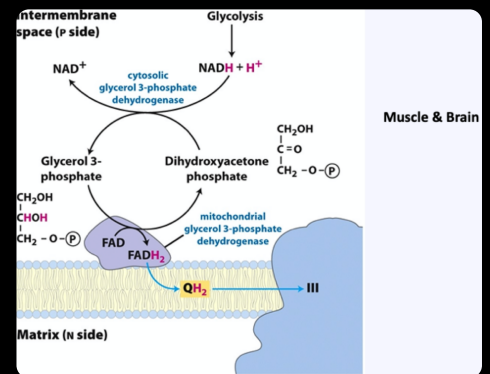
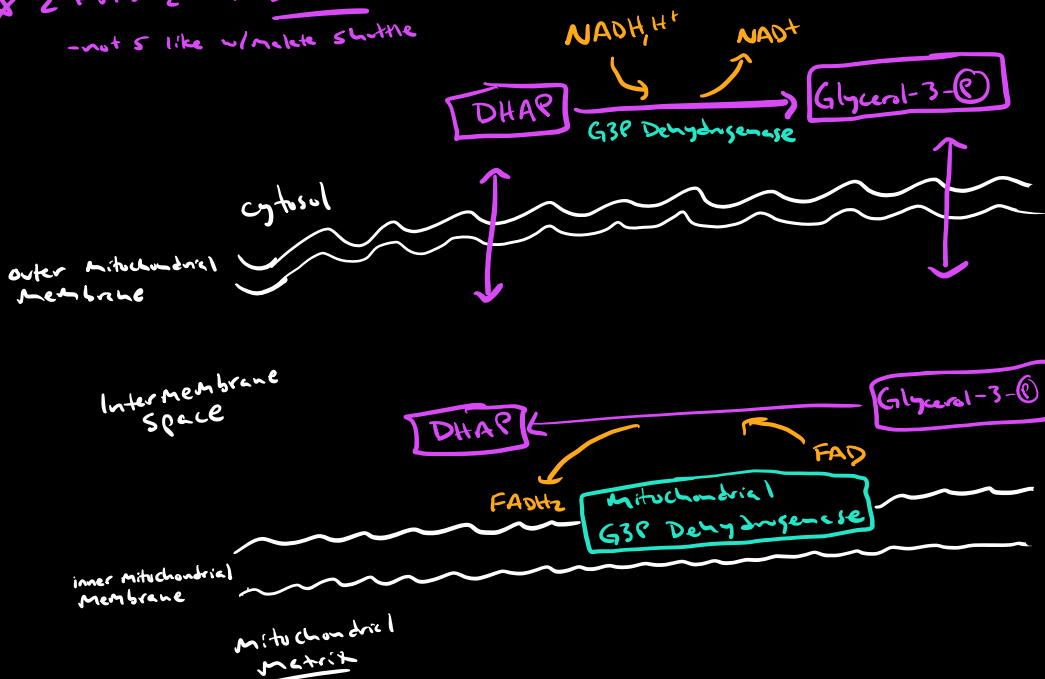


Figure 19-29 Lehninger Principles of Biochemistry, Fifth Edition © 2008 W. H. Freeman and Company
Malate-aspartate shuttle. This shuttle transports reducing equivalents from cytosolic NADH+H⁺ into the mitochondrial matrix. Prevalent in liver, kidney, and heart. ALSO NOTE the connection to the urea cycle (liver only) through the glutamate-aspartate transporter.

Glycerol-Phosphate - Muscle & Brain

- Moves e⁻ on NADH into mitochondria via oxidation of G3P → DHAP to yield 2 FADH₂
- carries e⁻ to ETC on outer surface of inner mitochondrial membrane
- 2 FADH₂ → 3 ATP in ETC
- not 5 like w/ malate shuttle



Penicillamine Pathway

- aka hexose monophosphate shunt (HMP shunt)
- Produces **NADPH**
 - Reductive Synthesis (cholesterol, steroids, fats)
 - protects cells from oxidative stress (Glutathione reduction)
 - assists phagocytic cells (respiratory burst)

- Produces **Ribose-5-P**
↳ nucleotide synthesis

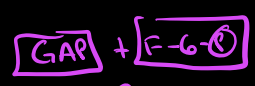
- Exclusively in cytoplasm

- Oxidative phase = irreversible, RLS

- Reductive phase = reversible

⊛ Transketolase requires Thiamine Pyrophosphate (TPP)

Reductive

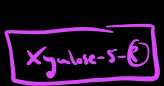


Transketolase
* Thiamine (B1)

⊛ Abnormal transketolase RBC's may be predisposed to Wernicke-Korsakoff Syndrome

Transaldolase

Transketolase
* Thiamine (B1)



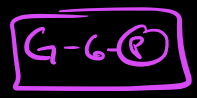
Beriberi
- deficient transketolase function
- can be due to Thiamine deficiency

⊛ pyruvate kinase deficiency can present w/ similar symptoms as G6PD deficiency, however would see ↑ [lactate] → lactic acidosis which is possible in G6PD deficiency but not as much of a hallmark

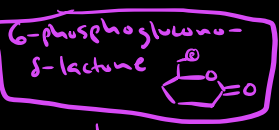
↳ to distinguish between PK deficiency

⊛ & G6PD deficiency, look @ [lactate]

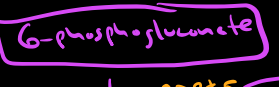
Oxidative



Glucose-6-P Dehydrogenase **G6PD**



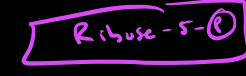
Lactonase



NADP⁺ → NADPH + H⁺
↳ Reductive Biosynthesis precursors

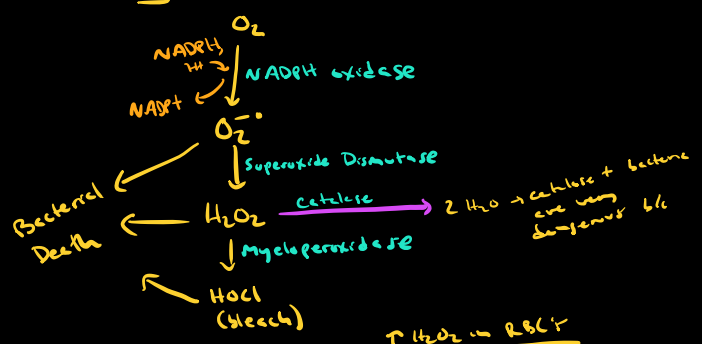


Phosphopentose isomerase



Oxidative Burst

- Phagocytes (neutrophils & monocytes) using O₂-dependent bacterial killing



↑ H₂O₂ in RBC's
- Infections
- Fava Beans → Toxicants
- Sulfonamides

2 Glutathione (GSH) → GSH peroxidase → H₂O
↳ can form cross-linkages → aggregation in RBC's → bad

⊛ GSH very important for protection against oxidative stress

G6PD deficiency

- ↓ NADPH → ↓ GSH → hemolysis → hemolytic anemia (distinguishes from sickle cell)
- ↓ NADPH → ↓ immune system (↓ respiratory burst)
- X-linked → affects mostly males
- Most common human enzyme disorder
- Africa, Asia, Mediterranean
- Recurrent hemolysis after exposure to trigger
- may present as dark urine

⊛ confers malaria resistance in RBC's b/c RBCs have defective structure → don't uptake malaria disease

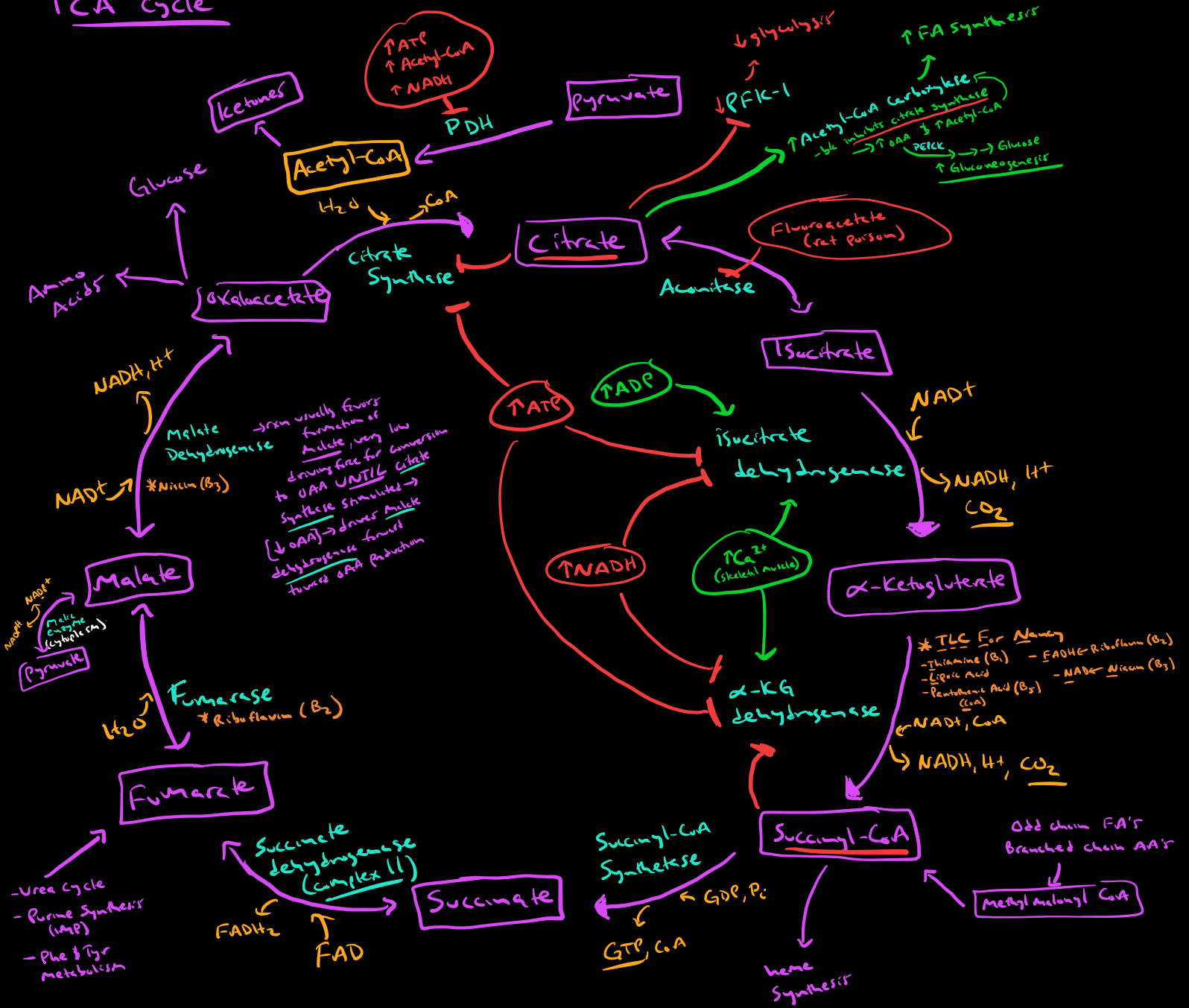
- other corner of HMP shunt OK
↳ Damage usually localized to oxidative stress in RBC's

- Heinz bodies - oxidized Hb precipitated in RBC's as aggregates
- Bite cells - phagocytic removal by splenic macrophages of Heinz bodies
- Typical presentation: - tachycardia & ↑ BP
- b/c hemolytic anemia → ↓ O₂ to tissues
↑ HR & BP to ↑ cardiac output
- Fatigue
- splenomegaly

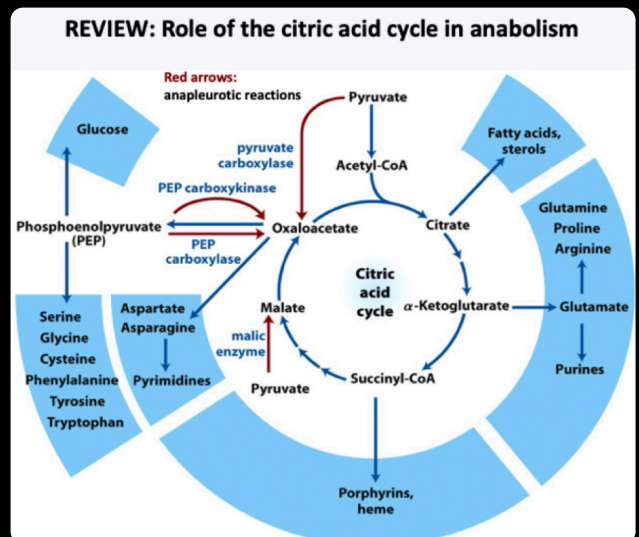
- Triggers: (all generate oxidants - ROS)

- Infections → macrophage generate free radicals
- Fava Beans → contain oxidants → Favism in people w/ G6PD deficiency
- Drugs:
 - Antibiotics (e.g., sulfas)
 - Anti-malarials (primaquine, quinidine)
 - Aspirin, acetaminophen (rare)

TCA cycle



Both CO₂ molecules released from 1 turn of cycle originated from 2 carboxyl groups of oxaloacetate

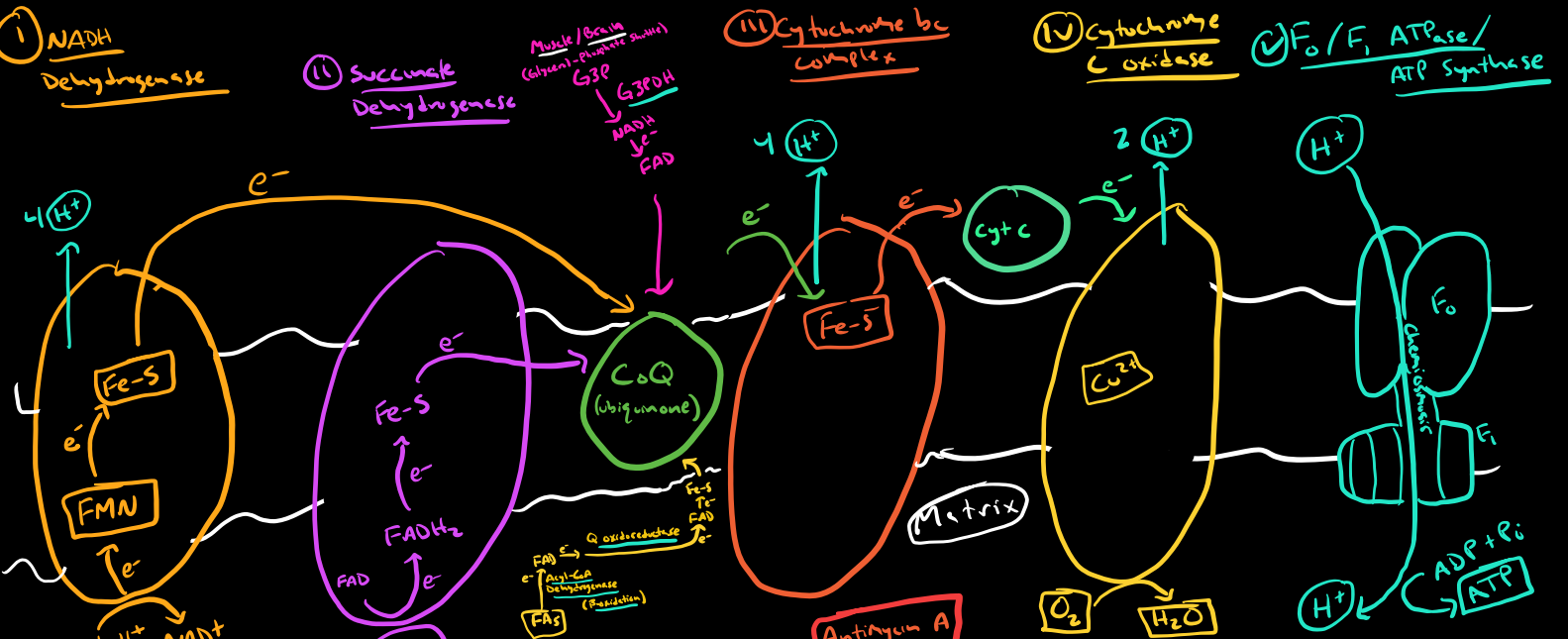


Electron Transport Chain

- extract e^- 's from NADH & $FADH_2 \rightarrow$ transfer to $O_2 \rightarrow$ generate/capture energy
- $NADH \rightarrow NAD^+ + H^+ + 2e^- \rightarrow 2.5 \text{ ATP}$
- $FADH_2 \rightarrow FAD + 2H^+ + 2e^- \rightarrow 1.5 \text{ ATP}$
- $2e^- + 2H^+ + \frac{1}{2}O_2 \rightarrow H_2O$

Complex V converts proton charge gradient \rightarrow ATP
 - "electrochemical gradient"
 - "proton motive force"
 - chemiosmosis = movement of H^+ down gradient

Intermembrane Space



Rotenone - insecticide
 binds complex I, prevents transfer of e^- to CoQ
 "Rotenone - complex one"

CoQ10 supplements
 - statins \rightarrow \downarrow CoQ
 \rightarrow statin myopathy
 - CoQ10 supplements may help in therapy but no significant data exists

Antimycin A
 - antibiotic that inhibits complex III

- O_2 = final e^- acceptor
 \rightarrow b/c has highest standard reduction potential
 - Fe in heme group oscillator between $Fe^{2+} \leftrightarrow Fe^{3+}$
 \rightarrow facilitates e^- movement

- cylinder of c subunit (in F_0) rotates relative to b_2 & a subunit (in F_0)
 $\&$ δ subunit (in F_1 , to which b_2 subunit of F_0 is attached)
 \rightarrow for each proton (H^+) passing through, assembly rotates by 1 c subunit
 - γ subunit acts as shaft

CN $^-$ - binds Fe^{3+}
 \rightarrow inhibits IV
 - part of nitroprusside
 \rightarrow risk CN poisoning

Oligomycin A
 - macrolide antibiotic
 - inhibits ATP Synthase
 \rightarrow traps protons in intermembrane space
 \rightarrow ATP cannot be produced

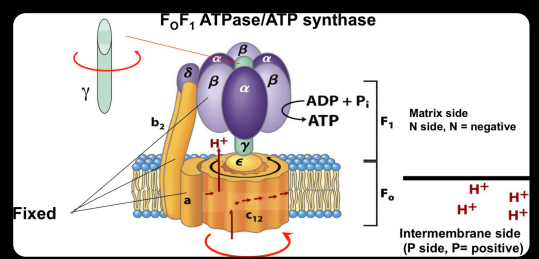
CO - binds Fe^{2+}
 \rightarrow inhibits IV $\&$ Hb in RBC's

Cytochrome proteins

- contain heme
- heme = porphyrin ring + Fe
- in Hb: Fe^{2+}
- cytochromes: $Fe^{2+} \leftrightarrow Fe^{3+}$
 - oscillation of oxidation state facilitates e^- movement
- cytochromes in e^- transport:
 - a, b, c
- Cyt P450 - drug metabolism

Carbon Monoxide (CO) - \uparrow affinity for Fe^{2+}
 \rightarrow inhibits both IV & Hb in RBC's

Cyanide (CN $^-$) - \uparrow affinity for Fe^{3+}
 \rightarrow inhibits cyt. c oxidase (IV) but not Hb in RBC's
 - headache, confusion, initial tachycardia, HTN, initial tachypnea
 - bright red venous blood b/c has PO_2 content b/c not extracted b/c electron transport inhibited by CO
 - Almond smell
 - Anaerobic metabolism \rightarrow lactic acidosis
 - Nitroprusside - anti hypertensive
 - contains CN $^-$ side groups in molecular structure
 \rightarrow \uparrow risk for CN $^-$ toxicity
 - Tx: Nitrite - oxidizes Fe in Hb from $Fe^{2+} \rightarrow Fe^{3+}$ = Methemoglobin
 \rightarrow CN $^-$ dissociates from IV \rightarrow binds to Fe^{3+} in MetHb \rightarrow aerobic metabolism can continue
 \rightarrow causes Methemoglobinemia = chocolate-colored blood

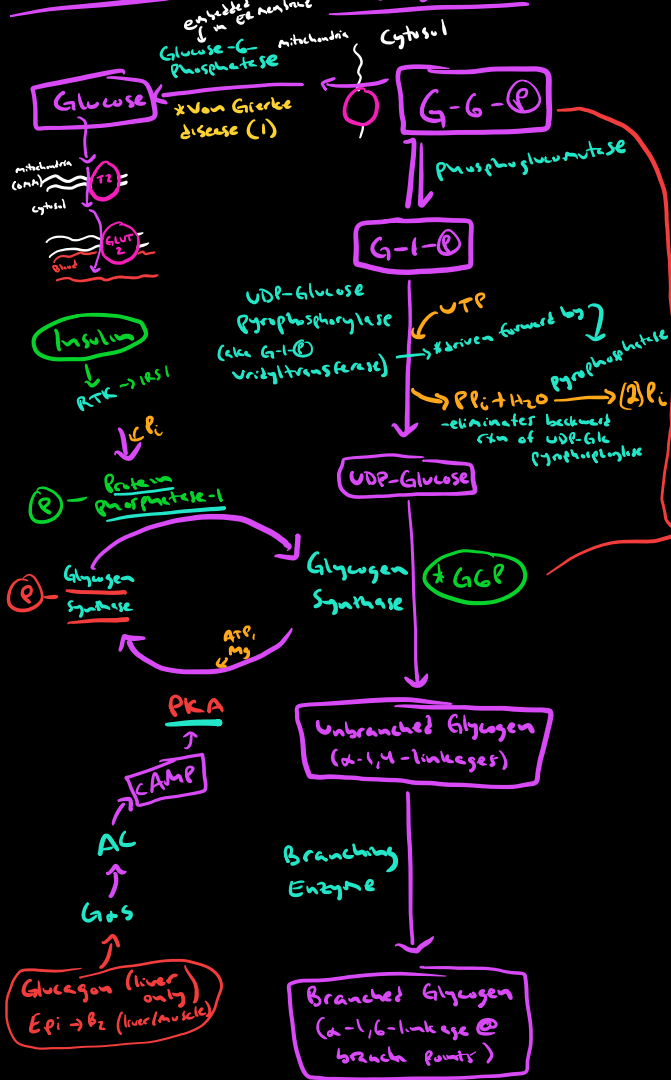


Uncoupling Agents \rightarrow $\uparrow O_2$ consumption b/c ΔATP drives metabolic rxn forward \rightarrow \uparrow NADH & $FADH_2$ produced \rightarrow \uparrow delivery to O_2 , however ATP won't be generated

- shuttle H^+ across inner membrane by \uparrow permeability to H^+
- \rightarrow destroys H^+ gradient \rightarrow \downarrow ATP
- \rightarrow heat produced as byproduct of uncoupled rxn
- Aspirin
- 2,4-Dinitrophenol (2,4 DNP)
- Brown Fat - newborns & hibernating animals
 - Uncoupling protein 1 (UCP-1, thermogenin)
 - SNS stimulation (NE \rightarrow β -receptors \rightarrow lipolysis)
 - Electron transport \rightarrow heat (not ATP)

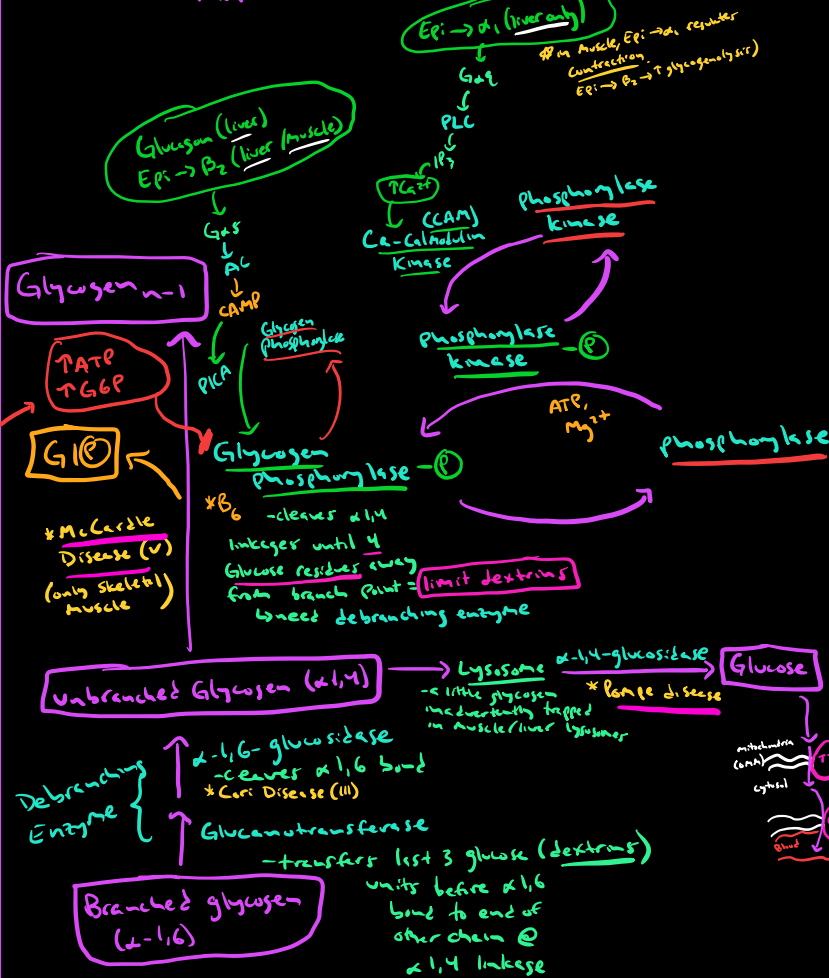
Glycogen

Glycogenesis



Glycogenolysis

Hepatic glycogenolysis = major source of energy while fasting between meals
 - major source: hepatic gluconeogenesis & adipose FA release



Glycogen Storage Disease

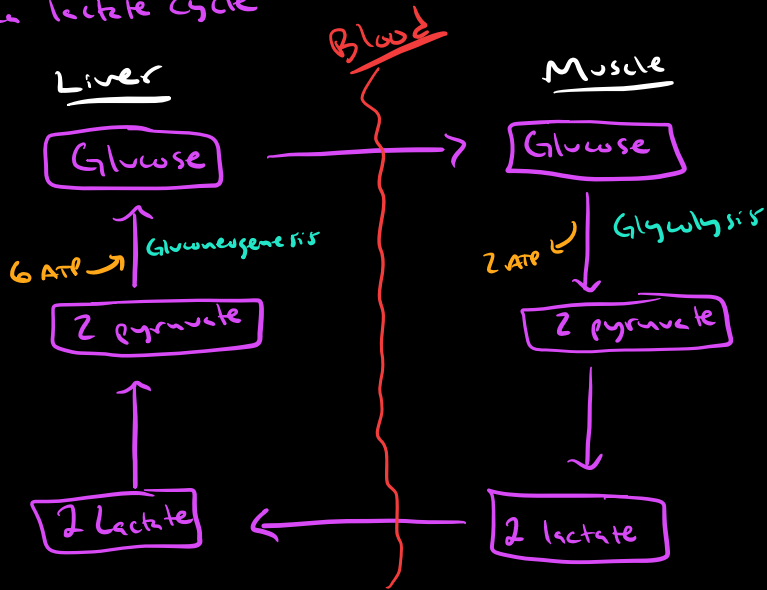
Disease (GSD)	Enzyme	Findings	Mnemonics
Von Gierke disease (type I)	Glucose-6-phosphatase	<ul style="list-style-type: none"> Liver cannot release glucose into blood → hypoglycemia Accumulation of hepatic glycogen → hepatomegaly Cori cycle defective → lactic acidosis 	"Gierke breaks Gluconeogenesis"
Pompe disease (type II)	α-1,4-glucosidase (acid α-glucosidase)	<ul style="list-style-type: none"> Lysosomal accumulation of glycogen in liver and muscle → cardiomegaly, hepatomegaly, and hypotonia. Gluconeogenesis and glycogenolysis mostly normal → normal blood glucose levels 	"PomPe breaks the PumP" 4 P's = α-1,4-glucosidase
Cori disease (type III)	α-1,6-glucosidase	<ul style="list-style-type: none"> Glycogen accumulation → hepatomegaly and hypotonia ↓ glycogen mobilization → hypoglycemia → ↑ compensation via gluconeogenesis (i.e. fat metabolism) → ketoacidosis 	"Cori breaks the Corner"
McArdle disease (type V)	Glycogen phosphorylase (only skeletal muscle)	<ul style="list-style-type: none"> ↓ glycogen breakdown → ↓ ATP → muscle cramps, muscle weakness, exercise intolerance, and rhabdomyolysis Liver unaffected → normal blood glucose levels 	"McArdle breaks the Muscle"

- avoid fructose & galactose
 - ↑ liver glycogen visible in biopsy using **PAS stain**
 = only GSD that damages heart

- **ketoacidosis** = unique to Cori disease

Cori Cycle

- aka lactate cycle



Anaerobic metabolism

$$\begin{array}{c}
 \text{O} \\
 \parallel \\
 \text{C}=\text{O} \\
 | \\
 \text{CH}_3 \\
 \text{Pyruvate}
 \end{array}
 + \text{NADH} + \text{H}^+ \xrightleftharpoons{\text{Lactate dehydrogenase}}
 \begin{array}{c}
 \text{O} \\
 \parallel \\
 \text{HO}-\text{C}-\text{H} \\
 | \\
 \text{CH}_3 \\
 \text{L-Lactate}
 \end{array}
 + \text{NAD}^+$$

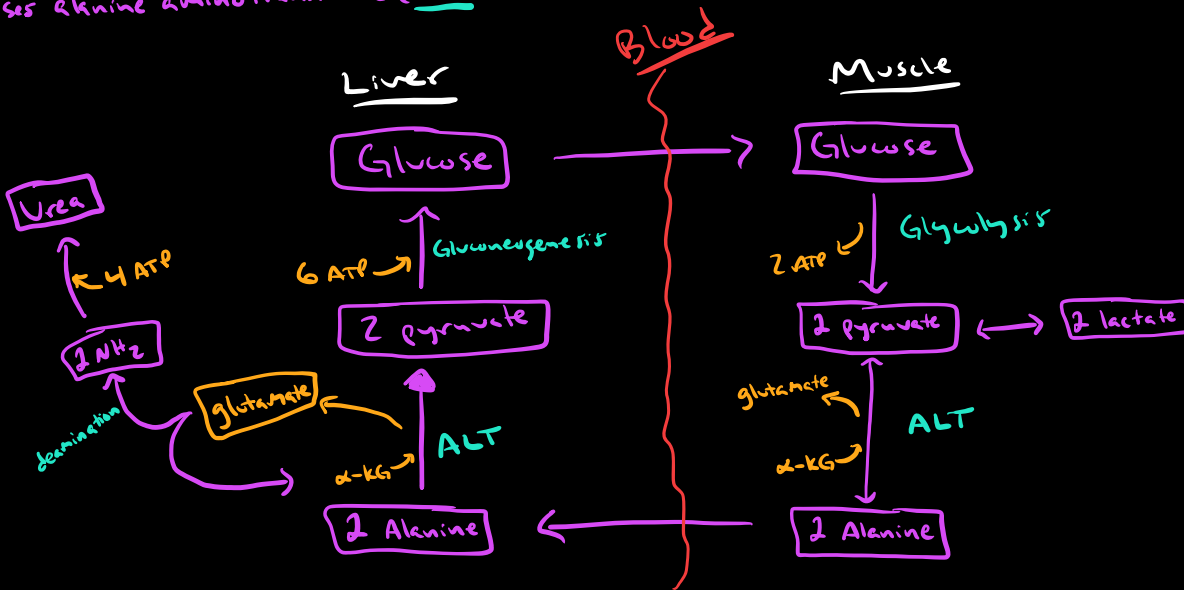
Regenerates NAD⁺ to fuel glycolysis

Muscle: ATP produced by glycolysis for rapid contraction. Glycogen is broken down to Glucose, which is then converted to Lactate. This process consumes ATP.

Liver: ATP used in synthesis of glucose (gluconeogenesis) during recovery. Lactate is converted to Glucose, which is then stored as Glycogen. This process produces ATP.

Alanine Cycle

- aka Cahill cycle
- during extended fasting, skeletal muscle degraded as energy source
 - alanine = major AA present in muscle degradation
 - ↳ eliminates nitrogen as waste via urea cycle while ATP regenerated for muscle energy
- uses alanine aminotransferase (ALT)



Lactose / Galactose Metabolism



UDP-glucose
 - used for glycosylation of proteins & lipids (e.g., proteoglycans, glycoproteins, glycolipids)
 Same rxn as glycogenesis

Galactitol - membrane impermeable → ↑ galactitol → ↑ osmolarity → osmotic damage (in lens of eye) → Cataracts / Cerebral edema

Glucose-1-P
 UDP-glucose Pyrophosphorylase (also G-1-P uridylyltransferase)
 UTP → PP_i + H₂O
 2P_i
 UDP-galactose 4-epimerase → UDP-glucose

Galactokinase
 Mg²⁺, ATP → ADP
 (SGLT-1) - Na⁺-dependent transporter
 *Type II galactosemia - ↑ galactosis in blood & urine - milder than type I bc not depleting liver [ATP] stores → can still perform gluconeogenesis & glycogen breakdown
 ↓ ↑ galactose → ↑ galactitol → Cataracts

Galactose-1-P (GALT) Uridyltransferase
 *Type I galactosemia

Biosynthesis of Glucanjugates:
 - galactoproteins
 - galactolipids
 - mucopolysaccharides

UDP-glucose Pyrophosphorylase
 UTP → PP_i + H₂O → 2P_i
 UDP-glucose → UDP-galactose

Heme degradation → Unconjugated Bilirubin
 Bilirubin glucosyl transferase + UDP → Bilirubin Monoglucuronide

Type I Galactosemia
 - aka classic galactosemia
 - defective GALT (remember, ALT = liver enzyme, type I causes liver damage)
 - ↑ [Gal-1-P] → ties up P supply in liver → ↓ gluconeogenesis & glycogen breakdown (just like w/ hereditary fructose intolerance)
 - ↑ risk of E. coli sepsis

Both Type I & II galactosemia

① ↑ [galactose] → ↑ [galactitol] (via polyol pathway) → Cataracts in eye

② ↓ glucose from galactose → ↓ glycosylation of proteins & lipids
 ↳ ↓ glycosylation of glycosaminoglycans (important part of myelin sheath) → impaired signal conduction down axon → cognitive impairment, ataxia, tremors, abnormal gait/co-ordination, speech/language problems
 ↳ ↓ glycosylation of gonadotropins & gonadotropin receptors

Galactokinase deficiency (type II) is kinder (more benign) than classic galactosemia (type I)

Bilirubin Monoglucuronide
 Bilirubin glucosyl transferase + UDP → Bilirubin diglucuronide = conjugated (water soluble) ↓ excretion

↑ Bilirubin → kernicterus (accumulation of bilirubin in basal ganglia, pons, & cerebellum), potentially fatal. **Jauundice**

- Unconjugated bilirubin = hydrophobic → can cross BBB
 - treat w/ blue light phototherapy → oxidation → conjugation

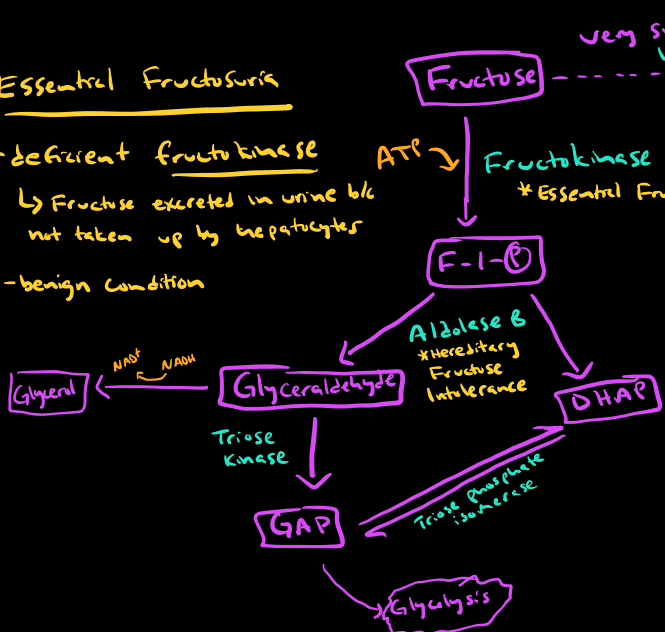
Fructose Metabolism

- Enters enterocytes in intestine via facilitated diffusion through GLUT-5
- Leaves enterocytes via GLUT-2
- Fructose found in sucrose (glucose + fructose)

FAB GUT
 ↳ Fructose is to Aldolase B
 as
 Galactose is to Galactose-4-epimerase

Essential Fructosuria

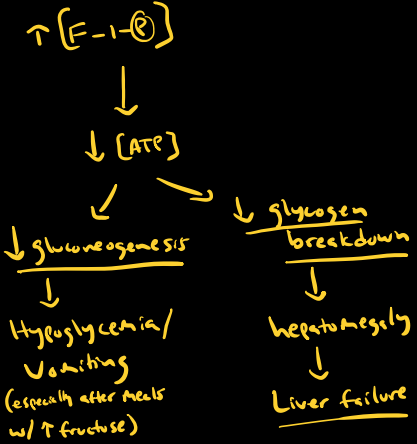
- deficient fructokinase
 ↳ Fructose excreted in urine b/c not taken up by hepatocytes
- benign condition



* b/c enters glycolytic pathway after PFK step (not counting small amount that can go through hexokinase) → PFK has no rate-limiting effect on Fructose Metabolism
 ↳ Fructose metabolized much faster than glucose or galactose

Hereditary Fructose Intolerance

- deficient aldolase B
 ↳ ↑ accumulation of F-1-P in liver
 ↳ ↓ [ATP] in liver b/c used to convert fructose → F-1-P but then not metabolized any further for ATP regeneration
 ↳ not enough ATP around to perform other liver functions
 ↳ ↓ gluconeogenesis
 ↳ ↓ glycogen breakdown

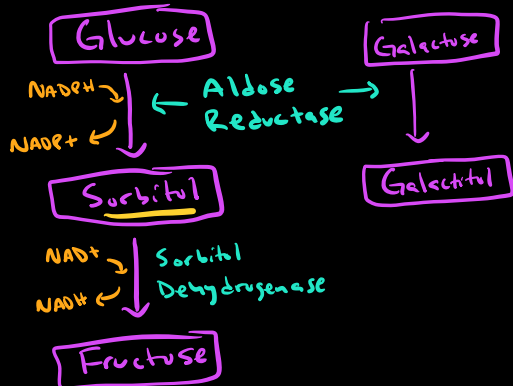


- Classic presentation:
 - baby just weaned from breast milk
 - Failure to thrive
 - hypoglycemia → seizures
 - Enlarged liver

- Tx: avoid fructose, sucrose, sorbitol (polyol pathway)

Polyol Pathway - Glucose → Fructose

- alternative pathway for glucose metabolism (instead of glycolysis) used by some cells
- In diabetics w/ ↑ [Glucose] → ↑ accumulation [sorbitol]
 ↳ responsible for some complications of diabetes



- Polyol pathway also used for galactose → galactitol
 ↳ ↑ [galactitol] can cause cataracts just like
 ↑ sorbitol can cause cataracts (e.g., in diabetics)

Copper Reduction Test

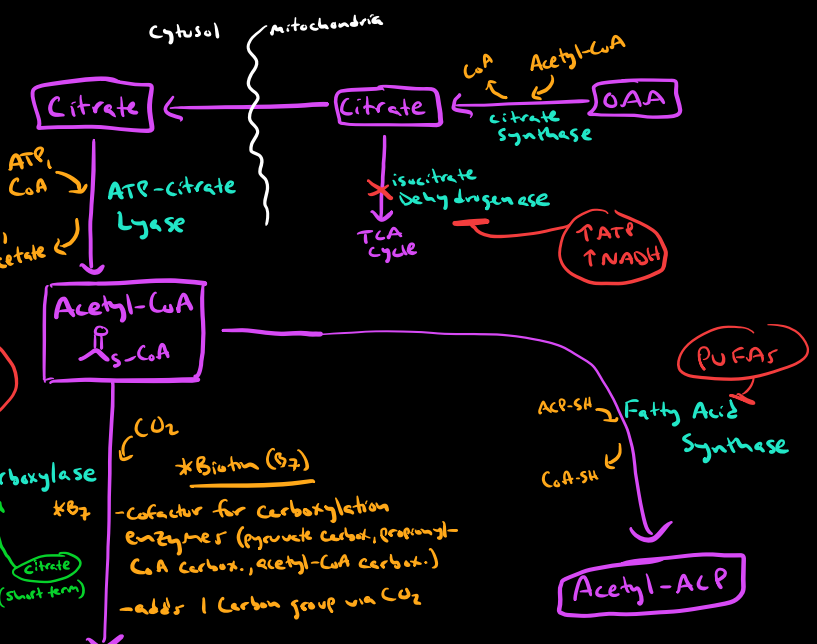
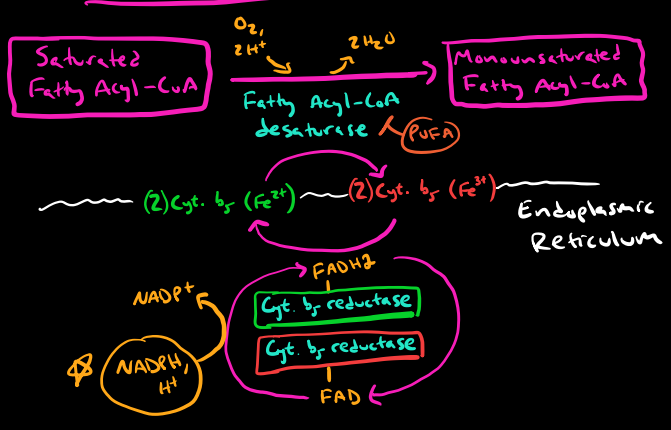
- non-specific → detects any reducing sugar present (e.g., fructose, glucose, galactose)

Fatty Acid Synthesis

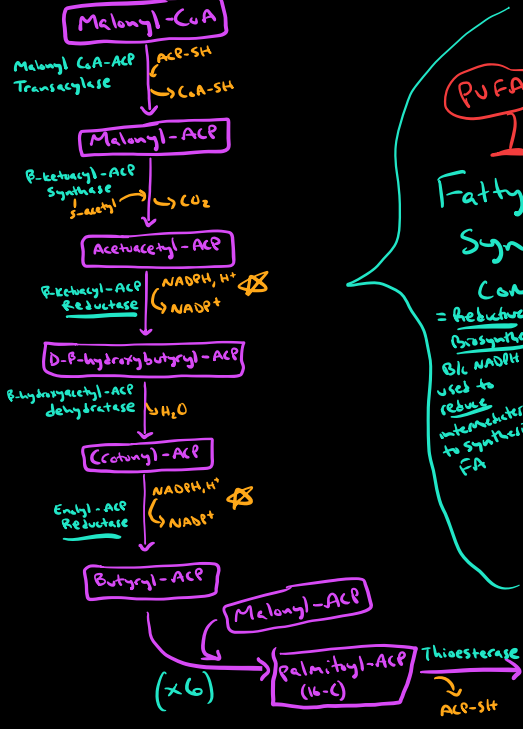
- occurs primarily in liver, mammary glands, & small amount in adipose tissue
- stored as triglyceride in adipocytes
- during ↑ energy states, ↑ [ATP] & ↑ [NADH]
- inhibit isocitrate dehydrogenase → ↑ [citrate]
- up-regulates Acetyl-CoA carboxylase (ACC) activity (requires biotin - B7) → ↑ FA synthesis
- Malonyl-CoA synthesized during FA synthesis
- inhibits FA catabolism via inhibition of Carnitine acyl-transferase I (CAT I)
- NADPH produced from HMP shunt necessary

citrate = allosteric regulator
 insulin = hormone → ↑ ACC synthesis (affect gene expression)

Biosynthesis of Unsaturated FAs



Biosynthesis of palmitoyl-ACP requires:
 8 acetyl CoA
 8 Malonyl CoA
 14 NADPH



Regulation

- Omega-3 PUFAs (EPA & DHA) bind LXR (nuclear receptor txn factor) → binds SREBP-1c (sterol regulator element binding protein) → txn of lipogenic enzymes:
- ↓ Acetyl CoA carboxylase
- ↓ Fatty Acid Synthase
- ↓ Stearyl CoA (acetyl CoA?) desaturase

Fatty Acid Synthase Complex
 = Reductive Biosynthesis
 B/c NADPH used to reduce intermediate to synthesize FA

PUFAs reductase → NADPH, H+ → NADP+

NADPH, H+ reductase → NADP+

Palmitate can be modified to other FA's
 - stored as triglyceride in adipose tissue

Triacylglyceride (TAG) Synthesis

- Formed from 1 Fatty Acyl CoA + 2 Glycerol-3-Phosphate (G3P)

① Glycerol 3 phosphate from glucose, glyceral, or pyruvate (glyceroneogenesis)

↳ Glyceroneogenesis converts pyruvate → DHAP
 - during lipolysis (stimulated by glucagon or epinephrine) → glycolysis inhibited
 ↳ need alternate source of DHAP * explains why adipose cells have pyruvate carboxylase & PEPCK even though they do not perform gluconeogenesis

- Liver - has glycerol kinase → uses glyceral
 - Adipose - no glycerol kinase → gets G3P from DHAP

② Addition of 2 FA's to GAP acyl transferase (x2) → phosphatidic Acid

③ Hydrolysis of phosphatidic acid phosphatidic acid phosphatase → diglyceride

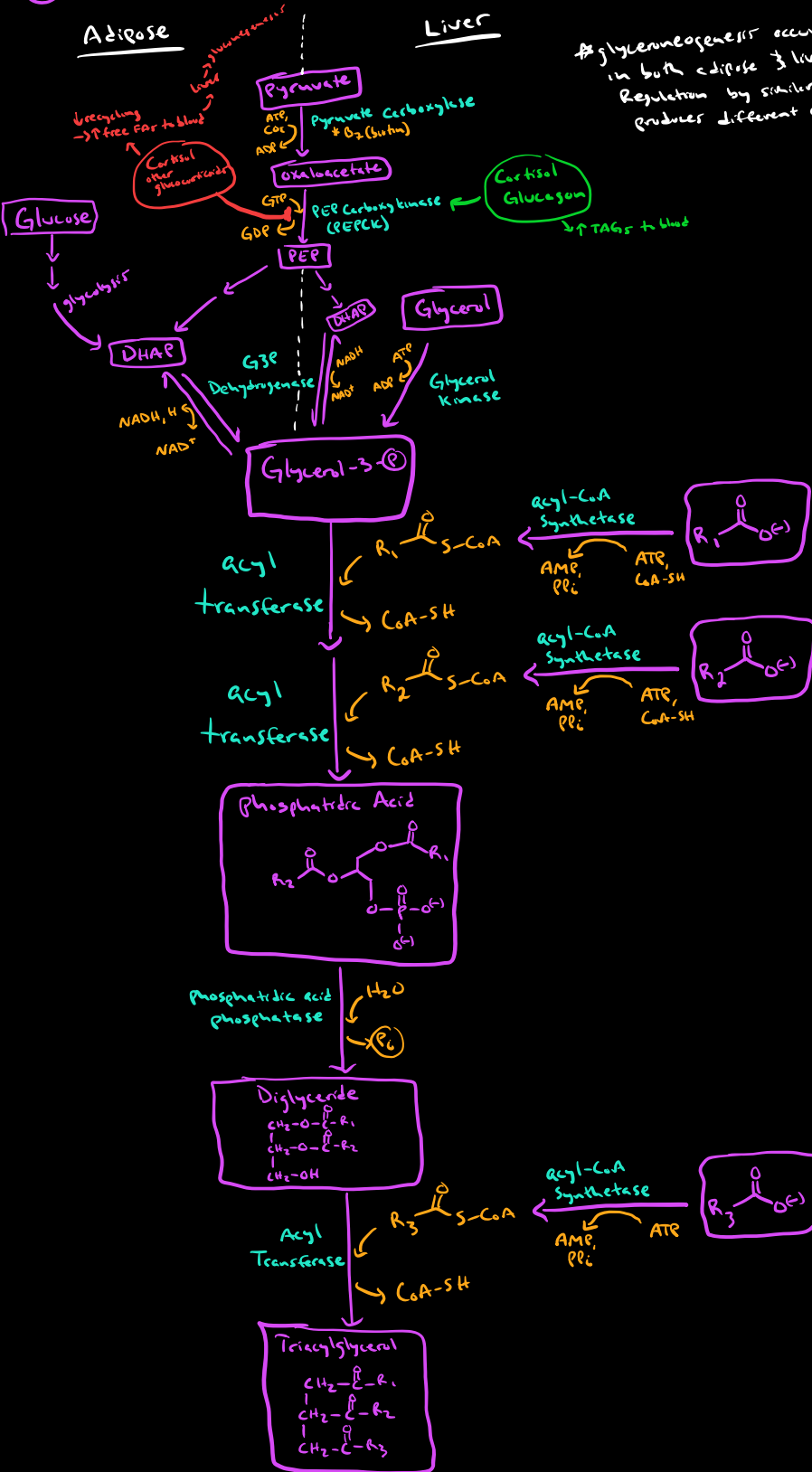
④ Addition of 1 FA to diglyceride acyl transferase → TAG

75% of free FAs generated from lipolysis are re-esterified to form TAGs rather than be used for fuel (viz β-oxidation)

- Some recycling in adipose
 - Some free FAs from adipose transported into liver → remade into TAG → re-deposited in adipose

The total # of free FAs in flux may vary, but % recycled ALWAYS remains @ 75% (unless pharmacological intervention like thiazolidinedione drugs)

glyceroneogenesis occurs in both adipose & liver, however, Regulation by similar substances produces different effects



Regulation by Polyunsaturated Fatty Acids (PUFA)

- Many PUFAs exert that regulate lipid metabolism
 ↳ ↓ lipogenesis
 ↳ ↑ lipolysis
 - e.g., omega-3 PUFAs:
 - eicosapentaenoic acid (EPA)
 - docosahexaenoic acid (DHA)
 - EPA & DHA bind nuclear receptor transcription factors:
 ↳ LXR
 HNF-4α
 FXR
 PPARs

↳ sterol regulator element binding protein (SREBP-1)
 = hepatic transcription factor that regulates transcription of lipogenic enzymes:

- ↓ Acetyl-CoA Carboxylase
- ↓ Fatty Acid Synthase
- ↓ Acyl CoA desaturase

↳ SREBP-1 regulated by LXR receptor, which is regulated by PUFAs

- PUFAs ↑ transcription of genes in FA catabolism:
- ↑ Acetyl-CoA synthetase
 - ↑ Carnitine palmitoyl transferase I (CAT I)
 - ↑ Uncoupling protein I (UCP-1)

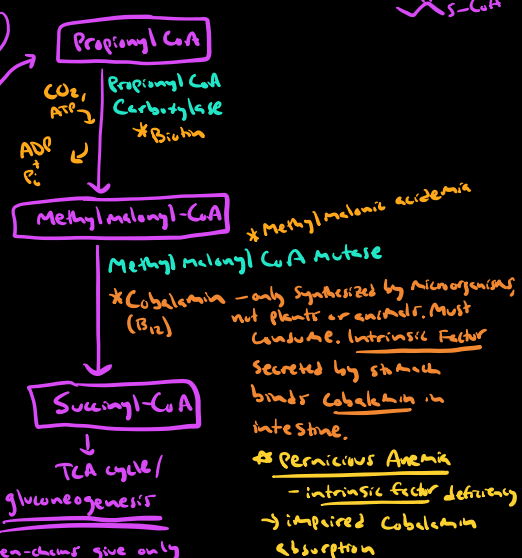
Fatty Acid Catabolism: β -oxidation

β -oxidation disorders \rightarrow hyperketotic hypoglycemia
 \rightarrow β -oxidation \rightarrow ketones (hypoketotic)
 by tissues overuse glucose \rightarrow hypoglycemia
 * seen in both MCAD & Carnitine Deficiency

odd # chain FA's
 \rightarrow β -oxidation until 3 carbons left = propionyl CoA

- lipids from diet \rightarrow degraded into free FA's
- ↳ Enterocytes convert free FA's \rightarrow triacylglycerides (TAGs)
- ↳ TAG's travel in plasma in chylomicrons (lipoproteins)
- ↳ reach target tissue \rightarrow degraded back to FA's via lipoprotein lipase found in endothelial surfaces of capillaries (abundant in adipocytes & muscle tissue)
- FA's can be transported via albumin (after release by tissue lipases)
- occurs in muscle, liver, & other tissues w/ mitochondria
- does not occur in:
 - brain - must rely on glucose & ketones
 - RBCs - no mitochondria

- odd chain FA's
- cholesterol
- AA's:
 - Ile
 - Val
 - Thr
 - Met



- Triglycerides (triacylglycerol; TAG) stored in adipocytes
- Hormone-sensitive lipase (HSL) metabolizes TAG \rightarrow FA + glycerol
- activated by glucagon, catecholamines (epi), ACTH
- inhibited by insulin

- 1 FA \rightarrow Fatty acyl CoA via Long-chain Fatty acyl CoA Synthetase
- 2 Transport Fatty acyl CoA into mitochondria using Carnitine Shuttle
- 3 β -oxidation, each cycle:

- 2 carbons cleaved from FA \rightarrow FADH₂, NADH, Acetyl-CoA
- acyl-CoA dehydrogenase
- adds double bond between α & β carbons
- Family of 4 enzymes - use based on FA-length

- Short (2-6 C) } Diffusion
- Medium (6-12 C) } Mitochondria
- Long (12-20 C) } Carnitine
- very long (>20 C) \rightarrow ATP Binding Cassette (ABC) \rightarrow peroxisome

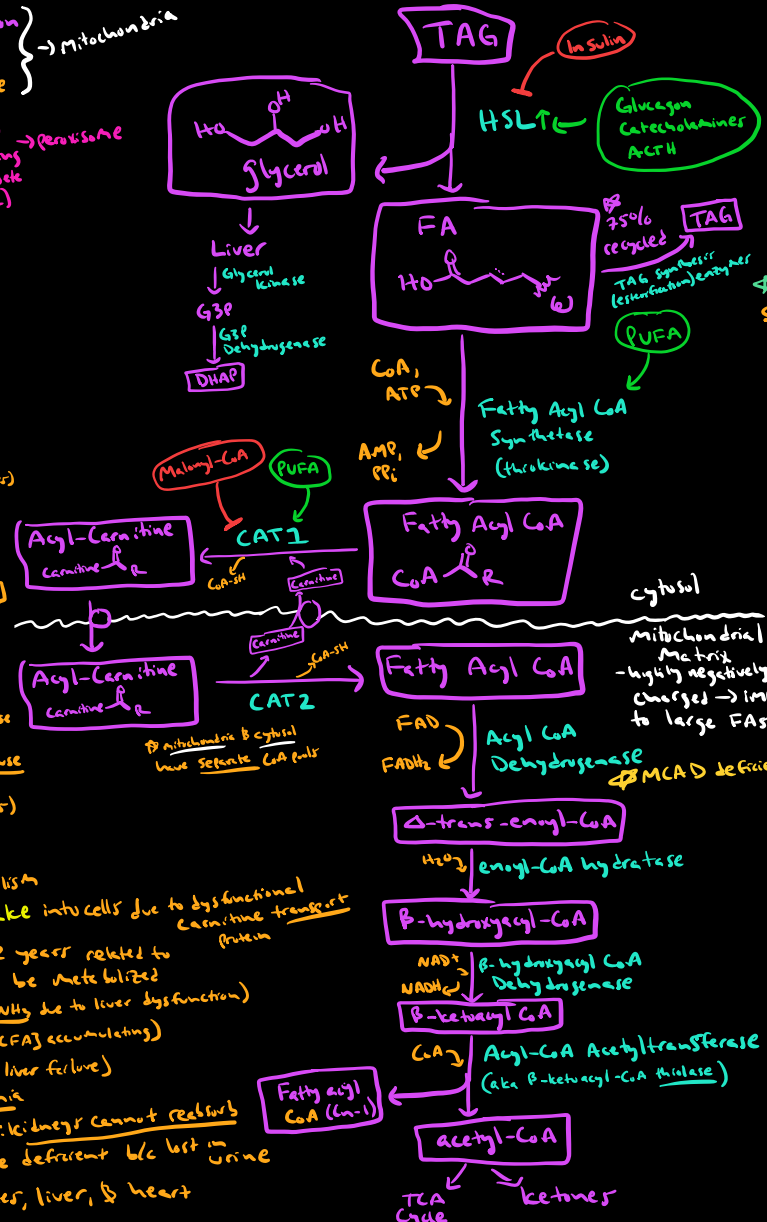
Carnitine
 - found in nature, consume in diet
 - also synthesized by lysine & methionine
 * only liver can synthesize de novo
 ↳ muscle & heart depend on diet or other tissues

Carnitine Deficiencies
 - many 2^o causes:
 - Malnutrition
 - Liver disease
 - Requirements (trauma, burns, pregnant)
 - Hemodialysis (\downarrow synthesis, loss through membranes)

- Major consequence = inability to transport long chain FAs (LCFA) into mitochondria \rightarrow \uparrow accumulation of LCFA's in cells
 ↳ \downarrow serum [Carnitine] & [acyl Carnitine]

- Symptoms:
 - muscle weakness (esp. w/ exercise)
 - Cardiomyopathy
 * Hyperketotic hypoglycemia when fasting (when using FAs & glucose from gluconeogenesis)
 ↳ cannot metabolize FAs \rightarrow overuse glucose \rightarrow hypoglycemia
 ↳ \downarrow ketogenesis (= hypoketosis)

- Primary Systemic Carnitine Deficiency
 - rare inborn error of metabolism
 - mutation \rightarrow \downarrow carnitine uptake into cells due to dysfunctional carnitine transporter protein
 - infantile phenotype in first 2 years related to buildup of FAs that can't be metabolized
 - encephalopathy (from \uparrow NH₃ due to liver dysfunction)
 - hepatomegaly (due to \uparrow [LCFA] accumulating)
 - hyperammonemia (from liver failure)
 * Hypoketotic hypoglycemia
 * \downarrow serum [Carnitine]: kidneys cannot reabsorb \rightarrow become carnitine deficient b/c lost in urine
 - \downarrow [Carnitine] in muscles, liver, & heart



Methylmalonic acidemia
 - deficiency in methylmalonyl mutase
 ↳ \uparrow [methylmalonyl CoA] \rightarrow dissociate
 ↳ \uparrow [methylmalonic acid] in blood = methylmalonic acidosis
 ↳ can cause anion gap metabolic acidosis
 ↳ CNS dysfunction
 - often fatal early in life

* Differentiate MCAD from 1^o systemic carnitine deficiency based on serum [Carnitine] & [LCFA]
 MCAD \rightarrow \uparrow [Carnitine], normal [LCFA]
 1^oSCD \rightarrow \downarrow [Carnitine], \uparrow [LCFA]

MCAD deficiency
 - medium chain acyl-CoA dehydrogenase deficiency
 - Autosomal recessive, most common in white northern European
 - \downarrow oxidation of 6-10 C FAs
 * Severe hyperketotic hypoglycemia during fasting b/c need to overuse glucose & \downarrow FA oxidation \rightarrow \downarrow ketogenesis
 - \downarrow [Acetyl-CoA] \rightarrow \downarrow gluconeogenesis b/c acetyl-CoA - substrate for Pyruvate Carboxylase
 * \rightarrow \uparrow dicarboxylic acids in urine
 - result of \uparrow ω -oxidation of FAs b/c can't do β -oxidation
 - \uparrow [uric acid] b/c \uparrow [NH₃] due to need to \uparrow protein degradation for energy b/c not getting energy from MCFA's
 - Hepatomegaly due to buildup of MCFA's
 * \uparrow [acyl carnitine] in serum
 * breast milk is \uparrow in medium-chain FAs \rightarrow infants particularly susceptible
 - fatigue, seizures, coma, death
 Tx: avoid fasting

Ketogenesis & Ketolysis

Ketone bodies - alternative fuel source in extra-hepatic cells

- acetoacetate, β -hydroxybutyrate, acetone
- acetoacetate & β -hydroxybutyrate = byproduct of FA catabolism & fuel for tissues
- acetone \rightarrow exhaled by lungs \rightarrow no energy gained
- produced in mitochondria of **liver**
- liver = only tissue w/ significant levels of **HMG-CoA synthase**
- however, liver cannot metabolize ketone bodies further b/c no enzyme to form thio-ester w/ CoA
- \Rightarrow RBCs & hepatocytes cannot use ketones for energy
- RBCs don't have mitochondria for TCA cycle, liver is producing it for rest of body
- lymphs sense that it doesn't have Acetyl-CoA transferase
- Acetoacetyl-CoA formed via
 - β -oxidation
 - reverse thio-ester rxn

- Fasting/starving \rightarrow \uparrow FA \rightarrow liver \rightarrow \uparrow acetyl-CoA
- \rightarrow \uparrow [acetyl-CoA] exceeds TCA cycle capacity
- \rightarrow acetyl-CoA shunted to ketone bodies
- \Rightarrow Ketone synthesis upregulated during periods of intense gluconeogenesis (b/c \downarrow OAA \rightarrow \uparrow acetyl-CoA not used in TCA cycle \rightarrow shunted to ketones)
- \Rightarrow used by **muscles & heart**, saves glucose for brain (which can still use ketone bodies if necessary)
- brain cannot use FAs, but reason why is unknown
- \Rightarrow ketone bodies allow brain to use energy from FA-catabolism indirectly

Diabetes

- \downarrow insulin \rightarrow \uparrow FA breakdown for energy
- oxaloacetate depletion due to
 - ① \uparrow Gluconeogenesis \rightarrow \downarrow oxaloacetate (substrate)
 - ② \uparrow FA oxidation \rightarrow \uparrow (NADH) \rightarrow drives malate \leftarrow OAA in TCA cycle
 - NAD⁺ \rightarrow NADH
- \rightarrow \downarrow OAA \rightarrow \uparrow [acetyl-CoA] (b/c \downarrow TCA)
- \Rightarrow \uparrow ketones

Alcoholism

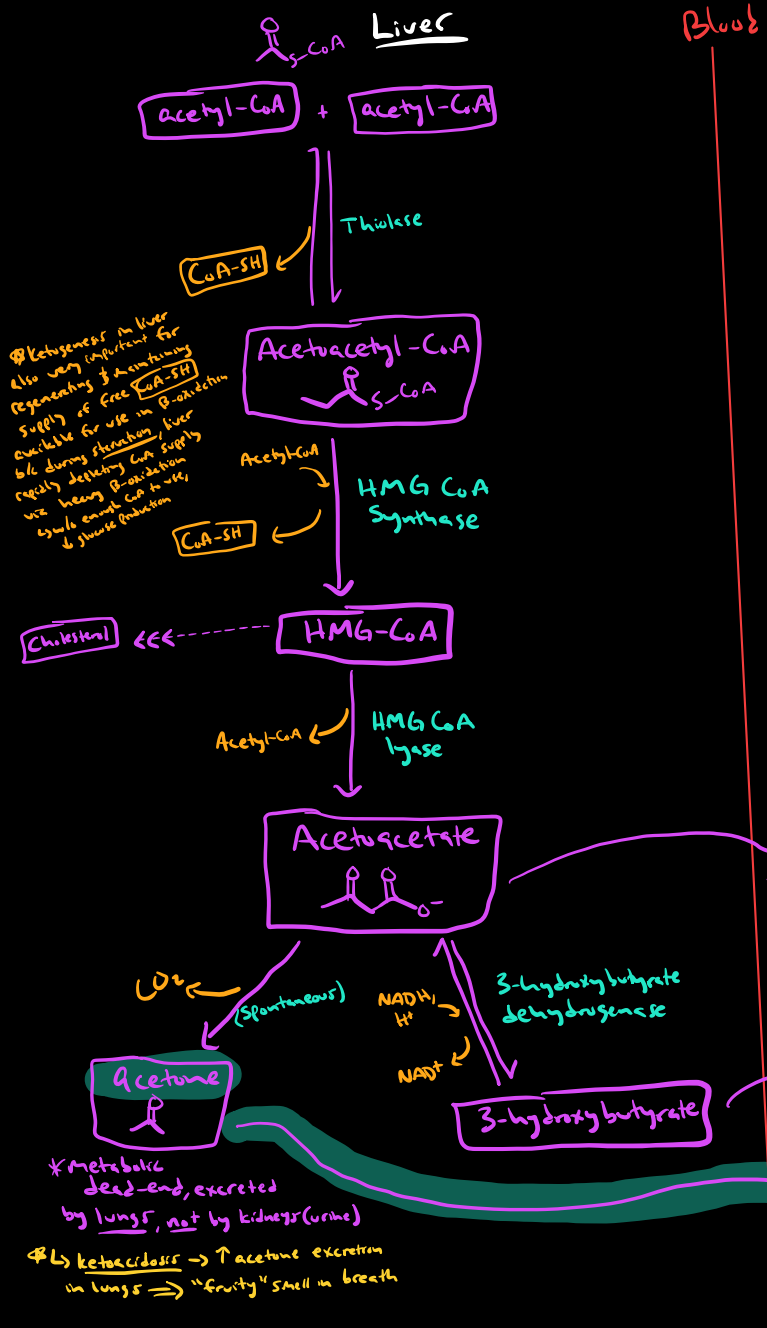
- \uparrow Ethanol metabolism \rightarrow \uparrow [NADH]
- \rightarrow OAA shunted \rightarrow malate
- \Rightarrow stalls TCA cycle \rightarrow \uparrow [acetyl-CoA]
- \rightarrow \uparrow ketones
- \Rightarrow \downarrow gluconeogenesis \rightarrow hypoglycemia

Ketacidosis

- ketone bodies have \downarrow pKa \rightarrow release H^+ @ plasma pH
- \rightarrow \uparrow ketones \rightarrow anion-gap metabolic acidosis

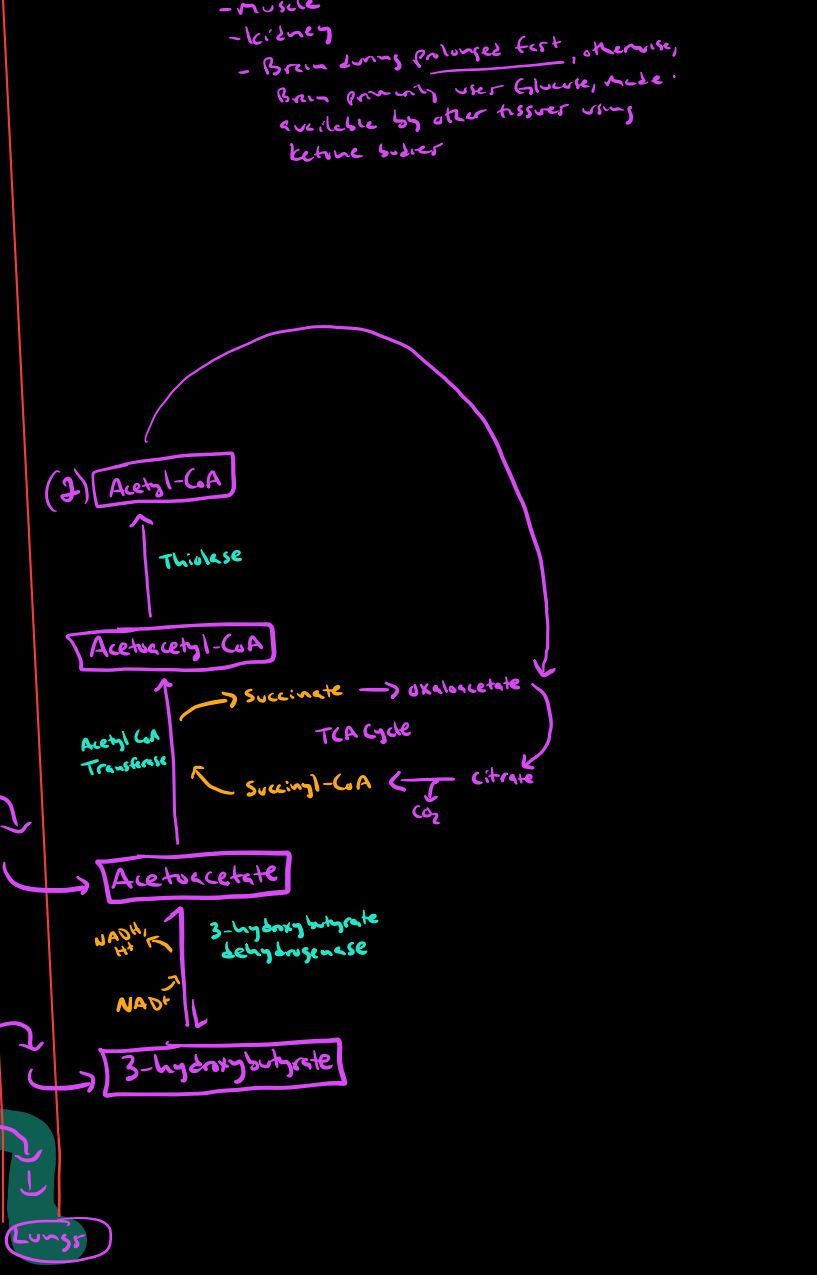
Ketone testing

- urine, usually no ketones excreted b/c any produced \rightarrow utilized by body
- \Rightarrow ketonuria = something wrong
 - poorly controlled diabetes (insufficient insulin)
 - Diabetic Ketoacidosis
 - Prolonged starvation
 - present w/ extensive nausea & vomiting (malnourished)
 - Alcoholism

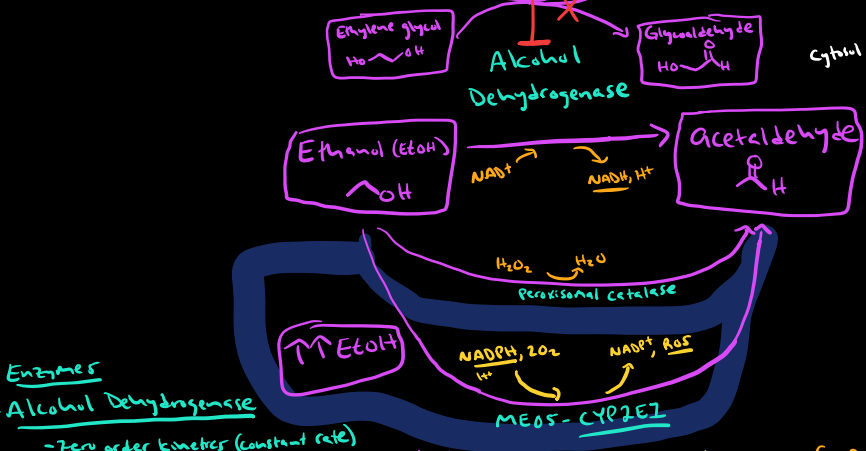


Blood

Extra-hepatic tissue

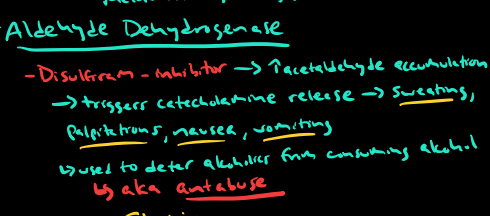


Ethanol Metabolism



Enzymes

- Alcohol Dehydrogenase
 - zero order kinetics (constant rate)
 - Also metabolizes methanol & ethylene glycol



Aldehyde Dehydrogenase

- Disulfiram - inhibitor → Acetaldehyde accumulation
 - triggers catecholamine release → sweating, palpitations, nausea, vomiting
 - used to deter alcoholics from consuming alcohol by aka aversive

Alcohol Flushing

- EtOH consumption → skin flushing from slow metabolism of acetaldehyde
 - ↳ inherited deficiency of acetaldehyde dehydrogenase 2
- Common among Asian populations
- Possible ↑ risk of esophageal & oropharyngeal cancer

Microsomal ethanol-oxidizing system (MEOS)

- alternative pathway for EtOH
 - normally metabolizes small amount of EtOH
 - ↳ becomes important w/ ↑ EtOH consumption
- Cytochrome P450 - dependent pathway in liver
- generates acetaldehyde & acetate
- consumes NADPH & O₂
 - ↳ O₂ generates free radicals (O⁻, ROS)
 - ↳ ↓ NADPH → Glutathione cannot be regenerated → susceptible to oxidative stress

Thiamine (B₁) deficiency

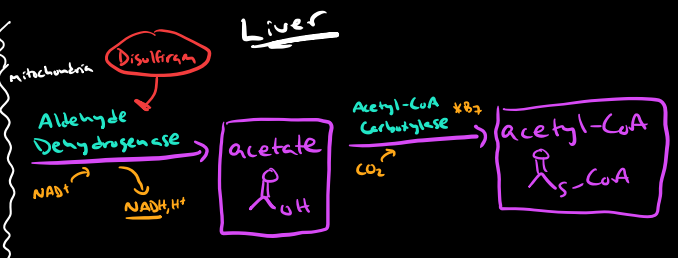
- alcoholism → malabsorption & malnutrition
 - thiamine deficiency → ↓ activity
- oG: Pyruvate Dehydrogenase, α-KG Dehydrogenase, Transketilase
- nucleotide & DNA synthesis (converts C6P to Ribose-5-P)
- Branched-chain ketoacid Dehydrogenase

Chronic EtOH use → ROS function

- ↑ NADPH → ↑ use of O₂ in ETC → ↑ likelihood of ROS function
- Microsomal CYP use O₂ → can generate ROS AND uses NADPH, ↓ Glutathione antioxidant capability
- Peroxisomes more focused on EtOH metabolism after this competing ROS

Acamprosate = NMDA-R inhibitor used to maintain abstinence in alcohol-dependent pts

- "anti-craving" drug via modulation of neuronal excitability implicated in induction of alcohol dependence



↑ NADH = source of problems from excessive EtOH consumption :- CNS depressant

- hypoglycemia
- ↑ ketones (ketosis)
- lactic acidosis
- FA accumulation
- hyperuricemia
- ↑ Gout
- Hepatitis & Cirrhosis

→ stalls TCA cycle → ↑ NADH shunts OAA → malate

- ↳ ↓ OAA → ↓ gluconeogenesis → hypoglycemia
- Glycogen = important source of glucose when fasting, esp. b/c gluconeogenesis not working
- ↳ Dangerous :- EtOH w/o eating b/c no eating → low glycogen stores
- EtOH after running b/c running → glycogenolysis → ↓ glycogen
- ↳ need ↑ glycogen to maintain appropriate blood [glucose]
- ↳ ↑ [Acetyl-CoA] → ↑ ketone body synthesis → ketosis

Lactic Acidosis

- EtOH metabolism → ↓ [NAD⁺] & ↑ EtOH overwhelms ETC → ↓ NAD⁺ regeneration in ETC
- pyruvate shunted to lactate to regenerate NAD⁺ (also ↑ NADH → PDH)
- Fatty Acid accumulation → Fatty Liver Disease
- ↑ [NADH] → β-oxidation (which usually generates NADH like TCA cycle) & requires NAD⁺ to convert CoA → DHAP → FA breakdown + ↑ glycogen
- RLS in FA synthesis = Acetyl CoA carboxylase ↑
- ↳ ↓ TCA cycle → ↑ [citrate] → ↑ Acetyl-CoA → Malonyl-CoA → β-oxidation
- ↳ ↑ [malate] → Malic Enzyme → Pyruvate
- ↳ Fatty liver - due to ↑ TAG

Hyperuricemia

- Uric acid & lactate excreted by proximal tubule (PT) using uric acid transporter (URAT1)
- URAT1 = antiporter that secretes lactic acid into urine / reabsorbs uric acid into blood
- ↳ ↑ [lactate] in plasma → ↑ lactate secretion → ↑ [uric acid] reabsorption → Gout attack
- ↳ acute gouty arthritis, often presents in big toe

Hepatitis & Cirrhosis

- ↑ [NADH] → ↓ EtOH metabolism → ↑ accumulation of [acetaldehyde]
- ↳ ↑ [acetaldehyde] = toxic to hepatocytes
- ↳ acute: inflammation → Alcoholic hepatitis
- ↳ chronic: scar tissue → Cirrhosis
- ↳ ↑ MEOS pathway → ↑ [acetaldehyde], ↑ ROS, ↓ [NADPH] → ↑ oxidative damage → hepatitis & cirrhosis

